

PERMANENT ACADEMY

2024

2nd edition

Congress Chairman
Arrigo F.G. Cicero

Scientific Secretary
Federica Fogacci

16th March 2024

Bologna
Hotel NH De La Gare



SCIENTIFIC BACKGROUND

Cardiometabolic diseases yet represent one of the main causes of death, loss of years in good health and costs for the national health system. The optimal use of established therapies would in itself allow to effectively prevent most of these pathologies. However, there is still a part of patients who are partially resistant to or not sufficiently controlled by standard therapies. In recent years, we have witnessed an epochal turning point in the estimation of cardiovascular risk (with the recognition of numerous new risk factors), but above all in the preventive and therapeutic approach. In fact, the armamentarium for the treatment of severe family dyslipidemias, to reach extreme lipid targets, for the pharmacological management of diabetes, obesity and heart failure has been enriched with innovative molecules with completely different mechanisms of action from conventional ones. An evidence-based optimization of the use of conventional therapies associated, when necessary, with latest generation treatments requires updating, training and new energy, especially in the context of the recent and imminent structural and organizational upheaval of the national health system. The second edition of this advanced course will include the intervention of young teachers who are well-known on a national and international scale, and experiences in the field brought by young colleagues active in every day clinical practice.

PROGRAM

- 08.30** Participant registration
- 09:00** Welcome & introduction
Arrigo F.G. Cicero
- 09:15** Main lecture: cardiometabolic prevention in clinical practice: a quick change in our habits and perspectives
Claudio Borghi

SESSION 1 - CARDIOVASCULAR DISEASE

Chair: *Federica Fogacci*

- 10:00** Epigenetic regulation and cardiovascular disease
Francesco Paneni
- 10:20** Opportunistic screening for AF. The role of medical devices
Arrigo F.G. Cicero
- 10:50** *Coffee Break*
- 11:05** From two-drug combination to polypills for the hypertension management: an evidence-based clinical need
Giuliano Tocci
- 11:25** New approach to heart failure: SGLT2 inhibitors and beyond
Giuseppe Galati
- 11:45** Antiaggregation and anticoagulation in ischemic heart disease
Felice Gagnano
- 12:05** Discussion & conclusion session 1

SESSION 2 - CLINICAL LIPIDOLOGY

Chair: *Mario Luca Morieri*

- 12:15** Lipid-lowering nutraceuticals in cardiovascular disease prevention: the role in 2024
Maciej Banach
- 12:25** Residual cardiovascular risk: the role of triglycerides and Lp(a)
Andrea Baragetti
- 12:45** PCSK9 Inhibitors: established evidence and new injective formulations
Alessandro Maloberti

PROGRAM

- 13:05** Discussion & conclusion session 2
- 13:15** Meet the Expert: management of statin intolerance:
Bempeidic Acid and some tricks
Arrigo F.G. Cicero
- 13:45** *Light Lunch*

SESSION 3 - DIABETOLOGY & OBESITY

Chair: *Federico Ravaioli*

- 14:45** GLP-1 receptor agonists: beyond the metabolic effects
Anca Stoian
- 15:05** Rationale and options for combination therapy in type 2 diabetes:
an update
Lutgarda Bozzetto
- 15:25** Cardiovascular effects of antidiabetic drugs
Giacomo Pucci
- 15:45** Pharmacotherapy of obesity: moving beyond the weight loss
Claudia Venturini
- 16:05** Discussion & conclusion session 3
- 16:25** General conclusion
Arrigo F.G. Cicero
- 17:00** End of Congress

FACULTY

Congress Chairman

Arrigo F.G. Cicero

Scientific Secretary

Federica Fogacci

Maciej Banach

Professor, Department of Preventive Cardiology and Lipidology, Medical University in Lodz (MUL), Lodz, Poland

Andrea Baragetti

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Claudio Borghi

Full professor of internal medicine, University of Bologna, Director of the Cardiovascular Medicine Unit, IRCCS AOU S. Orsola, Bologna

Lutgarda Bozzetto

Researcher at the Department of Clinical Medicine and Surgery - Federico II University, Naples. Medical Director of the Department of Endocrinology Diabetology and Andrology - Federico II University Hospital, Naples

Arrigo F.G. Cicero

Associate Professor of Applied Dietary Sciences, President of the Italian Nutraceutical Society (SINut), Atherosclerosis and Metabolic diseases Research Unit, Medicine and Surgery Sciences Dept., Alma Mater Studiorum University of Bologna S. Orsola-Malpighi University Hospital

Federica Fogacci

Clinical Metaanalyst, University of Bologna, Department of Medical and Surgical Sciences

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Giuseppe Galati

Senior Consultant Cardiologist, Heart Failure & Cardiomyopathies Specialist at I.R.C.C.S. Multimedica, Cardiovascular Scientific Institute in Sesto San Giovanni, Milan

Felice Gragnano

Assistant Professor of Cardiology at the University of Campania L. Vanvitelli and Consultant Cardiologist at the AORN S. Anna and S. Sebastiano, Caserta, Italy

Alessandro Maloberti

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Mario Luca Morieri

Medical Doctor, PhD, Department of Medicine, University Hospital of Padua

Francesco Paneni

Professor of Cardiology at the University of Zurich and Head of the Cardiometabolic Division at the Department of Cardiology, Zurich University Hospital

Giacomo Pucci

Associate Professor of Internal Medicine, Director of the Post-graduate Medical School in Sports and Exercise Medicine, Department of Medicine and Surgery - University of Perugia, Unit of Internal Medicine - Santa Maria Terni Hospital

FACULTY

Federico Ravaioli

Postdoctoral Researcher at the Department of Medical and Surgical Sciences (DIMEC), Alma Mater Studiorum – University of Bologna; Specialist in Clinical Nutrition and Metabolic disease with Clinical Activity at UOC of Internal Medicine, Hepatobiliary and Immunoallergic Diseases, IRCCS Azienda Ospedaliero-Universitaria di Bologna; Member of Emilia-Romagna Governing Board of Italian Association of Dietetics and Clinical Nutrition (ADI); Past Visiting Research Associate – Institute of Cellular Medicine (ICM) – University of Newcastle (UK)

Anca Stoian

Diabetes, Nutrition and Metabolic Diseases Department of Carol Davila University of Medicine and Pharmacy, Bucharest, Romania

Giuliano Tocci

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Claudia Venturini

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CME INFORMATION

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CME INFORMATION

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Accredited Category: Medical Doctor; Disciplines: Angiology; Cardiology; Endocrinology; Geriatrics; Metabolic Metabolic Diseases and Diabetology; Internal Medicine; General Medicine (Family Medicine); Food Science and Dietetics.

Event code: 604 - 407210

CME credits: 7

Maximum number of participants: 100



CONGRESS VENUE

Hotel NH Bologna De La Gare
P.za XX Settembre, 2 - 40121 Bologna

ORGANIZING SECRETARIAT

mediAbout

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CME PROVIDER (N. 604)

SUMMEET

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